



ALBANIAN COLLEGE
TIRANA

MENUJA E SHKOLLËS
2017-2018

Menu 1	Hënë	Martë	Mërkurë	Enjte	Premte
Mëngjesi	Sanduiç thekër, proshutë, djath philadelphia Qumësht Fruta	Kornfleks, Biskota integrale Qumësht Fruta	Briosh Qumësht Fruta	Bukë thekër, gjalp, djath, reçel, vezë Qumësht Fruta	Sanduiç thekër, proshutë, djath, salcë kosi, domate, tranguj Lëng frutash Fruta
Dreka	Supë krem pule Sallatë jeshile, domate, radikio, karrota, rrepa, Salce e bardhe Fuzili me salcë kremoze, kerpudha dhe proshutë Fruta	Supë krem bizele dhe karrote Sallatë jeshile, laker e bardhe, pomodorini, ullinj, miser, karrote, tranguj, Salce e bardhe Gordon blu me pure perimesh Fruta	Supë krem finoku Perime të ziera, karrotë, lulelakër, brokoli, bizele, panxhar Salce limoni Lazanja bolonjeze dhe krem qumështi Kek	Supë krem perimesh Sallatë, spinaq tranguj, radikio, rrepa, portokall, laker e bardhe Salce limoni Mish vici, picaiola: pesto, ullinj Fruta	Supë me tortelini Sallatë jeshile, karrota, lakër e kuqe, pomodorini, rrepa Salcë e bardhë Pastice me proshutë, bizele Fruta

***EY SNACK:**

Hënë: Banane

Martë: Kek me karrota

Mërkurë: Mini-Sanduiç

Enjte: popcorn

Premte: kos me fruta



ALBANIAN COLLEGE
TIRANA

SCHOOL MENU
2017-2018

Menu 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole wheat sandwich bread, ham, philadelphia cheese Milk Fruits	Cornflakes, Whole wheat biscuits Milk Fruits	Croissant Milk Fruits	Whole wheat bread, butter, cheese, jam, eggs Milk Fruits	Whole wheat sandwich bread, ham, cheese, sour cream, tomatoes, cucumber Fruit juice Fruits
Lunch	Creamy chicken soup Green salad, tomatoes, endive, carrots, beets, White sauce Fusilli with creamy sauce, mushrooms and bacon Fruits	Creamy soup: peas and carrots Green salad, white cabbage, cherry tomatoes, olives, corn, carrot, cucumber White sauce Cordon bleu with mashed vegetables Fruits	Creamy fennel soup Boiled vegetables: carrots, zucchini, broccoli, peas, beets Lemon sauce Lasagna bolognese and milk cream Cake	Creamy vegetables soup Salad: spinach, cucumbers, endive, beets, oranges, white cabbage Lemon sauce Veal pizzaiola with pesto and olives Fruits	Tortellini soup Green salad, carrots, red cabbage, cherry tomatoes, beets White sauce Baked pasta with bacon and peas Fruits

***EY SNACK**

Monday: Bananas

Tuesday: Carrot cake

Wednesday: Mini-Sandwich

Thursday: Popcorn

Friday: Fruit yogurt



ALBANIAN COLLEGE
TIRANA

Menu 2	Hënë	Martë	Mërkurë	Enjte	Premte
Mëngjesi	Sanduiç thekër, proshutë, djath philadelphia Qumësht Fruta	Kornfleks, Biskota integrale Qumësht Fruta	Briosh me cokollatë Qumësht Fruta	Bukë thekër, gjalp, djath, recel, veze, tranguj Qumësht Fruta	Sanduiç, proshute, djath, salce kosi, domate, tranguj Leng frutash Fruta
Dreka	Supë krem brokoli Sallatë rukola radikio, karrota, pomodorini, ton Salcë limoni Pene me mish viçi ragu Fruta	Supë krem spinaq dhe asparag Sallatë jeshile, lakër e kuqe, pomodorini, rrepa, misër Salcë e bardhë Fileto pule zgare me patate dhe specia furre Pannacotta me luleshtrydhe	Supë orientale: mish i grire, karrote, kunguj, minipasta Perime të ziera, karrotë, lulelaker, brokoli, bizele, panxhar Salcë limoni Kaneloni me spinaq dhe gjizë, kos Fruta	Supë krem pule Sallatë: spinaq, domate, rrepa, lakër e kuqe, portokall, mollë Salcë e bardhë Eskallop furre me krem qumeshti, gorgonxola, dhe pure panxhari Fruta	Supë krem perimesh Sallatë mikse: jeshile, domate, tranguj, lakër e bardhë/ e kuqe, misër Salcë e bardhë Rizoto milaneze Qofte, byrek, kos Fruta

***EY SNACK:**

Hënë: Banane

Martë: Kek me karrota

Mërkurë: Mini-Sanduic

Enjte: popcorn

Premte: kos me fruta



ALBANIAN COLLEGE
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Menu 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole wheat sandwich bread, ham, philadelphia cheese	Cornflakes, Whole wheat biscuits	Croissant with chocolate	Whole wheat bread, butter, cheese, jam, eggs, cucumber	Whole wheat sandwich bread, ham, cheese, sour cream, tomato, cucumber
	Milk	Milk	Milk	Milk	Fruit juice
	Fruits	Fruits	Fruits	Fruits	Fruits
Lunch	Creamy broccoli soup	Creamy soup: spinach and asparagus	Oriental soup: Minced meat, zucchini, mini-pasta	Creamy chicken soup	Creamy vegetables soup
	Salad: arugula, cherry tomatoes, endive, carrots, tuna Lemon sauce	Green salad, red cabbage, cherry tomatoes, beets, corn White sauce	Boiled vegetables, carrots, broccoli, peas, beets, cauliflower Lemon sauce	Salad: spinach, tomatoes, beets, oranges, white cabbage, apple White sauce	Mixed salad: green salad, white/red cabbage, tomatoes, corn White sauce
	Penne with veal ragu	Chicken fillet with baked potatoes and peppers	Cannelloni with spinach and ricotta	Baked escalope with cream and gorgonzola, mashed beets	Risotto Milanese, meatballs, pie, yogurt
	Fruits	Strawberry panna cotta	Fruits	Fruits	Fruits

***EY SNACK**

Monday: Bananas

Tuesday: Carrot cake

Wednesday: Mini-Sandwich

Thursday: Popcorn

Friday: Fruit yogurt



ALBANIAN COLLEGE
TIRANA

Menu 3	Hënë	Martë	Mërkurë	Enjte	Premte
Mëngjesi	Sanduiç thekër, proshute, djath philadelphia	Kornfleks, Biskota integrale	Briosh	Buke thekër, gjalp, djath, recel, vezë, tranguj	Sanduic theker, salcë kosi, proshutë, djath, domate, tranguj
	Qumësht	Qumësht	Qumësht	Qumësht	Lëng frutash
	Fruta	Fruta	Fruta	Fruta	Fruta
Dreka	Supë krem pule	Supë krem brokoli	Supë me tortelini	Supë krem perimesh	Supë orientale ose krem finoku
	Sallatë jeshile, pomodorini, radikio, karrota, rrepa, ton, ullinj Salcë limoni	Sallatë rukola, laker e kuqe/bardhe, pomodorini, karrote, fasule Salcë e bardhë	Perime të ziera, karrotë, lulelakër, brokoli, bizele, panxhar Salcë e bardhë	Sallatë: jeshile, domate, tranguj, karrota, misër, fasule, ullinj Salcë e bardhë	Sallatë jeshile radikio, rrepa karrota, laker e kuqe/ e bardhe, portokall Salcë e bardhë
	Pakeri me salcë Pelati dhe perime	Role viçi me salcë demiglas dhe patate furre	Fileto pule zgare me pure dhe krem bizelesh	Mish viçi, me kërpudha, pesto domate, bogoncini	Rigatoni furre me copa pule dhe perime
	Kek/ Fruta	Fruta	Pannacotta me çokollate	Fruta	Fruta

***EY SNACK:**

Hënë: Banane

Martë: Kek me karrota

Mërkurë: Mini-Sanduic

Enjte: popcorn

Premte: kos me fruta



ALBANIAN COLLEGE
TIRANA

Menu 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole wheat sandwich bread, ham, philadelphia cheese Milk Fruits	Cornflakes, Whole wheat biscuits Milk Fruits	Croissant with chocolate or jam Milk Fruits	Whole wheat bread, butter, cheese, jam, eggs, cucumber Milk Fruits	Whole wheat sandwich bread, ham, cheese, sour cream, tomato, cucumber Fruit juice Fruits
Lunch	Creamy chicken soup Green salad, cherry tomatoes, endive, tuna, beets, Lemon sauce Pacheri with creamy sauce and vegetables Cake Fruits	Creamy broccoli soup Salad: arugula and green salad, white/red cabbage, cherry tomatoes, beans carrots White sauce Beef rolls with demi-glace sauce and baked potatoes Fruits	Tortellini soup Boiled vegetables: carrots, pumpkin, broccoli, peas, beets White sauce Chicken fillet with creamy mashed peas Chocolate panna cotta	Creamy vegetables soup Green salad, tomatoes, cucumbers, carrots, corn, olives, beans White sauce Veal with mushrooms, pesto, tomatoes and bocconcini Fruits	Creamy fennel soup Green salad, carrots, red/white cabbage, endive, beets, oranges White sauce Baked rigatoni with diced chicken and vegetables Fruits

***EY SNACK**

Monday: Bananas

Tuesday: Carrot cake

Wednesday: Mini-Sandwich

Thursday: Popcorn

Friday: Fruit yogurt



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1. Speca të mbushura me mish të grirë dhe oriz, salcice
2. Tavë kosi me fileto pule
3. Fasule me mish
4. Patëllxhana furre të përpunuara dhe qofte
5. Mish viçi, jahni dhe patate
6. Spinaq furre me vezë
7. Gjellë me bizele dhe mish viçi

1. Peppers stuffed with minced meat and rice, sausages
2. Baked chicken fillets with rice and yogurt
3. Beans and meat dish
4. Baked eggplants and meatballs
5. Veal and potatoes dish
6. Baked spinach with eggs
7. Peas and meat dish